

AUSTRALIAN BLOOD ORANGES

fresh
produce
new zealand



An exotic-looking citrus fruit, the Blood Orange has a crimson-red pigment to its flesh as well as its rind.

Blood Oranges are less acidic than the naval varieties and have softer flesh, with a raspberry-like flavour in addition to the usual citrus notes.

With its unique flavour base, the Blood Orange is surprisingly versatile – used in the same way as a regular naval orange, perfect for use in salads, as well as savoury and sweet dishes.

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG **SEP** OCT NOV DEC

PACK

Bulk fill cartons

WEIGHT

10kg (22lbs)

COUNTS

36 | 45 | 54 | 60 | 68 | 75 | 81

Packed with vitamin C, folic acid, calcium and vitamin A, amongst other minerals and vitamins, and are a very good source of fibre. With higher levels of vitamin C are higher than regular naval oranges; the Blood Orange is also known as the anti-aging orange.

Rich in antioxidants, they have the unique ability to produce anthocyanins most commonly found in berries such as blackcurrants, which is extremely rare for citrus fruits.



GROWING REGION
New South Wales



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